# **Armed Forces Recipe Service**

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# DEPARTMENTS OF THE ARMY, THE NAVY AND THE AIR FORCE Washington, DC

#### ARMED FORCES RECIPE SERVICE

The Armed Forces Recipe Service has been revised and updated and is issued for the purpose of standardizing and improving food prepared and served in military food service operations.

This recipe service is available for use by all Military Services and was coordinated and developed by technical representatives from each of the following:

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#### ARMED FORCES RECIPE SERVICE

This 2003 revision replaces the 1993 (original), 1997 (Change 1) and 1999 (Change 2) Armed Forces Recipe Service cards. This printing includes all new recipe development and revisions to the 1993, 1997 and 1999 sets of Armed Forces Recipe Service cards. This update contains a new recipe format which reflects the nutritional analysis per serving, located at the top of each recipe card.

New recipes have been incorporated. Some of the recipes are designated with a number 800 and above which represent recipes that include speed scratch items, convenience prepared foods and additional new recipes. Some recipes have been deleted while other recipes that were printed on cards as variations are now individual recipes. Sources of recipes include the U.S. Army Solider and Biological Command, commercial quantity food cookbooks and food product manufacturers.

Replace current recipe cards sets with this 2003 Update. Replace the Index of Recipes, NAVSUP Publication P-7, dated July 1999 with Index of Recipes, dated 2003. An index of recipes is issued to assist food service personnel to easily locate recipes by category to ensure a varied menu. This card should be retained and inserted in the front of the publication.

# BY ORDER OF THE SECRETARIES OF THE ARMY, THE NAVY, AND THE AIR FORCE:

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